

R9 AK DISCUSS THE PLAN TO RE-OPEN THE SENIOR LUNCHROOM AT SOUTH SHORE COMMUNITY CENTER.

Applicable Area:

# MIAMI BEACH

## COMMISSION MEMORANDUM

TO: Honorable Mayor and Members of the City Commission  
FROM: Eric Carpenter, City Manager  
DATE: September 11, 2024  
TITLE: DISCUSS THE PLAN TO RE-OPEN THE SENIOR LUNCHROOM AT SOUTH SHORE COMMUNITY CENTER.

### **RECOMMENDATION**

The Administration recommends referring the item to the Finance and Economic Resiliency Committee for further discussion after meeting with Seniors in Action, Inc.

### **BACKGROUND/HISTORY**

According to the Department of Elder Affairs, approximately 64 congregate meal sites offer thousands of meals daily to older residents in Miami-Dade. Congregate meal site programs deliver nutritionally balanced meals, nutrition education, and risk screening for individuals aged 60 and over and their spouses. The program also promotes social interaction and enhances health through disease prevention and health promotion activities. In some areas, nutrition counseling may also be available. Meals are designed to meet nutritional standards by following the Dietary Guidelines for Americans and providing at least one-third of the Dietary Reference Intakes.

Congregate meal site programs are generally funded through the federal Older Americans Act (OAA), participant donations, and local contributions. Meal sites are located in senior centers, churches, senior housing facilities, and other community hubs.

On June 26, 2024, the Mayor and City Commission heard item R7 G in conjunction with items R7 F and R7 H. Commissioner Rosen Gonzalez asked to defer the discussion of item R7 G to the September 11, 2024, Commission meeting for additional consideration. The proposed resolution would instruct the administration to collaborate with representatives from South Florida Seniors in Action, Inc. to create a plan for reopening the Senior lunchroom at the South Shore Community Center.

### **ANALYSIS**

Currently, there are four (4) elderly congregate meal sites operated by non-profit providers throughout Miami Beach:

- Rebecca Towers (operated by Little Havana Activities and Nutrition Center), 150 Alton Road
- Diener Jewish Community Services Family Center (operated by Jewish Community Services) 610 Espanola Way
- Unidad of Miami Beach, Inc. (operated by Unidad) 7251 Collins Avenue
- Stella Maris (operated by Little Havana Activities and Nutrition Center), 8648 Harding Avenue

During the pandemic, Seniors in Action, Inc. provided meals to Seniors and operated their programming from the South Shore Community Center, located at 833 6 Street. Currently the program is discontinued.

The Administration has contacted Seniors in Action, Inc. to schedule a meeting to provide additional information to determine the fiscal impact and resources needed to resume the congregate meals and nutrition programming.

### **FISCAL IMPACT STATEMENT**

The fiscal impact is unknown at this time.

### **Does this Ordinance require a Business Impact Estimate?** (FOR ORDINANCES ONLY)

If applicable, the Business Impact Estimate (BIE) was published on:  
See BIE at: <https://www.miamibeachfl.gov/city-hall/city-clerk/meeting-notice/>

### **FINANCIAL INFORMATION**

N/A

### **CONCLUSION**

The Administration recommends referring the item to the Finance and Economic Resiliency Committee for further discussion after meeting with Seniors in Action, Inc.

### **Applicable Area**

South Beach

### **Is this a "Residents Right to Know" item, pursuant to City Code Section 2-17?**

No

### **Is this item related to a G.O. Bond Project?**

No

### **Was this Agenda Item initially requested by a lobbyist which, as defined in Code Sec. 2-481, includes a principal engaged in lobbying?** No

If so, specify the name of lobbyist(s) and principal(s):

### **Department**

Housing and Community Services

### **Sponsor(s)**

Commissioner Kristen Rosen Gonzalez

### **Co-sponsor(s)**

**Condensed Title**

Discuss Plan to Re-open Senior Lunchroom at South Shore Community Center. (Rosen Gonzalez) HCS