

C4 AH REFERRAL TO THE FINANCE AND ECONOMIC RESILIENCY COMMITTEE TO  
DISCUSS THE EXPANSION OF MUSCLE BEACH AND THE LUMMUS PARK  
SPOIL AREA TO INCLUDE MORE HEALTH, WELLNESS, AND SPORTS  
ACTIVITIES.

Applicable Area:



**COMMISSION MEMORANDUM**

TO: Honorable Mayor and Members of the City Commission

FROM: Commissioner Joseph Magazine

DATE: February 3, 2025

TITLE: REFERRAL TO THE FINANCE AND ECONOMIC RESILIENCY COMMITTEE TO DISCUSS THE EXPANSION OF MUSCLE BEACH AND THE LUMMUS PARK SPOIL AREA TO INCLUDE MORE HEALTH, WELLNESS, AND SPORTS ACTIVITIES.

**RECOMMENDATION**

Please place on the February 3, 2025 City Commission meeting agenda a referral to the Finance and Economic Resiliency Committee ("FERC") to discuss the expansion of Muscle Beach and the Lummus Park spoil area to include more health, wellness and sports activities.

**BACKGROUND/HISTORY**

Muscle Beach is a popular attraction for fitness enthusiasts, which serves as an outdoor area for exercise, weight lifting and gymnastics, and features two nature-inspired installations: MyEquilibria's Leopard Tree and MyBeast. These functional structures collectively feature over 30 workout components. The first of its kind to be featured in a public park in the United States, the installation of this high-end fitness equipment brings art and functionality to the beach and is accessible to visitors and residents alike. Muscle Beach also includes a fitness performance locker with additional workout gear.

Given the success and popularity of Muscle Beach, expanding its offerings would be a valuable enhancement. Furthermore, incorporating more health, wellness, and sports activities into the Lummus Park area would further strengthen the City's commitment to promoting health and wellness.

**ANALYSIS**

N/A

**FISCAL IMPACT STATEMENT**

N/A

**Does this Ordinance require a Business Impact Estimate?**

(FOR ORDINANCES ONLY)

If applicable, the Business Impact Estimate (BIE) was published on:

See BIE at: <https://www.miamibeachfl.gov/city-hall/city-clerk/meeting-notice/>

**FINANCIAL INFORMATION**

N/A

**CONCLUSION****Applicable Area**

South Beach

**Is this a “Residents Right to Know” item,  
pursuant to City Code Section 2-17?**

Yes

**Is this item related to a G.O. Bond  
Project?**

No

**Was this Agenda Item initially requested by a lobbyist which, as defined in Code Sec. 2-481,  
includes a principal engaged in lobbying?** No

If so, specify the name of lobbyist(s) and principal(s):

**Department**

Parks and Recreation

**Sponsor(s)**

Commissioner Joseph Magazine

**Co-sponsor(s)****Condensed Title**

Ref: FERC - Expand Muscle Bch/Lummus Prk, Include More Health/Wellness/Sport Activities.  
(Magazine) PKS

**Previous Action (For City Clerk Use Only)**