

RESOLUTION NO. _____

A RESOLUTION OF THE MAYOR AND CITY COMMISSION OF THE CITY OF MIAMI BEACH, FLORIDA, DESIGNATING A SMALL SPACE WITHIN A CITY-OWNED FACILITY, SUCH AS THE FIRST-FLOOR BUILDING OF CITY HALL, FOR THE USE OF CITY EMPLOYEES AS AN IN-HOUSE FITNESS AREA, WITH USEFUL GYM EQUIPMENT, MATS, FREE WEIGHTS, JUMP ROPES, AND OTHER BASIC FITNESS AMENITIES TO PROMOTE A HEALTHY LIFESTYLE FOR CITY EMPLOYEES AND IMPROVE THEIR QUALITY OF LIFE.

WHEREAS, the City of Miami Beach is committed to promoting the health and lifestyle wellness of its employees, recognizing that a healthy workforce leads to increased productivity, reduced absenteeism, and enhanced overall well-being; and

WHEREAS, both the Miami Beach Police Department and Fire Department have wellness and fitness spaces in their respective facilities, allowing the employees the opportunity to maintain physical fitness in a convenient and accessible environment; and

WHEREAS, providing similar wellness amenities for all City employees will offer them the opportunity to exercise before or after work hours, reducing the stress of commuting especially during peak traffic times and fostering a healthier work-life balance; and

WHEREAS, the City Commission seeks to designate a space within a City-owned facility, such as a first floor space to serve as a dedicated fitness area for employees, equipped with some gym equipment, mats, free weights, and other fitness amenities; and

WHEREAS, this fitness space can contribute to employees' overall physical health, mental well-being, and morale, aligning with the City's broader health and wellness initiatives; and

WHEREAS, funding for the equipment, maintenance, and operation of this wellness space may be drawn from a variety of potential sources; and

WHEREAS, the availability of this wellness space will serve as a valuable incentive for current and prospective employees, enhancing the City's reputation as an employer that prioritizes a healthy lifestyle of its workforce.

NOW, THEREFORE, BE IT DULY RESOLVED BY THE MAYOR AND CITY COMMISSION OF THE CITY OF MIAMI BEACH, FLORIDA, that: the Mayor and the City Commission hereby designate a small space within a City-owned facility, such as the first-floor building of City Hall, for the use of City employees as an in-house fitness area, with useful gym equipment, mats, free weights, jump ropes, and other basic fitness amenities to promote a healthy lifestyle for City employees and improve their quality of life.

PASSED AND ADOPTED this ____ day of _____, 2024.

ATTEST:

Mayor Steven Meiner

Rafael E. Granado, City Clerk

(Sponsored by Mayor Steven Meiner)

APPROVED AS TO
FORM & LANGUAGE
& FOR EXECUTION

City Attorney
10/22/2024
Date